

Black Women Matter, Inc. Presents

# Summer of Self Care!



**Saturday, June 21, 2014  
12:00 - 5:00 p.m.**

At Mychael Darwin Studios  
511 S. Harbor Blvd. Studio L  
La Habra, CA 90631

*\*In business center across from fire station & Home Depot.  
\*Free parking*

**Do you need to take better care of yourself?  
Do you take care of everyone else, but you?  
Do you want to re-energize your life and experience more joy?**

[www.summerofselfcare.eventbee.com](http://www.summerofselfcare.eventbee.com)

**Door Prizes!  
The Massage Man  
and more...**

Join us for a fun Summer Break with  
*Gratitude Guide & Author*  
**Tann Moore!**



*Tann Moore is a professional Marriage & Family Therapist and leading expert in the healing art of Self-Care and Gratitude.  
Author of the critically-acclaimed book, Cinderella Syndrome: When the Glass Slipper No Longer Fits.*

**Decompress the dramas of life with practical tools you can use immediately!**

**And enjoy a fabulous  
fashion trunk show!**

presented by

*Mychael Darwin*  
**Custom Jeans**



Admission is  
**\$20 / \$30 at the door**

**Registration: 12-1pm  
Workshop: 1:00 pm  
Trunk show: 3:00 pm**

Buy your tickets at:  
[www.summerofselfcare.eventbee.com](http://www.summerofselfcare.eventbee.com)