

YOU CAN THERAPEUTIC SERVICES PRESENTS...

MANAGING YOUR DEPRESSION

A therapeutic workshop

SATURDAY MARCH 1, 2014

10:00AM – 2:00PM

SIGN IN STARTS AT 9:30AM

REGISTRATION DEADLINE: FEBRUARY 27, 2014

HARBOR CITY CA. 90710

Participants will get actual address and details once registered

Workshop Benefits:

- Receive a free 30 minute consult prior to workshop date
- Experience a confidential therapeutic group
- Gain an understanding of what depression is
- Recognize signs and symptoms of depression
- Leave with skills that can be applied to everyday life
- Have a biblical understanding of depression
- Learn how to access resources

Call or go online to register NOW

562-567-7233 OR

www.YouCanTherapy.com

